

## *Living to Win Over* **Fear**

Fear. Doesn't seem too threatening with all the lights on and the sun shining outside does it? But let a strong wind begin to blow outside, a branch begin rustling against a window, the power in the house go out, and a door creak open downstairs in the middle of the night, and fear becomes an awesome force to be reckoned with!

Yet fear does not only reside in the dark. For many of us, it is present in many moments, when its influence is unmistakably felt. Fear can be a real enemy to be addressed; at the same time, there is a fear that is healthy and necessary in our lives. Let's consider the influence of fear and its power over us!

*The wise man in the storm prays to God, not for safety from danger, but for deliverance from fear. It is the storm within which endangers him, not the storm without.*

*Ralph Waldo Emerson*

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### **An Example of the Power of Fear**

#### **A Prescription for the Treatment of Fear**

**Financial Concerns** – *Hebrews 13:5-6*

**Personal Inadequacy** – *Deuteronomy 7:17-19*

**Outnumbered** – *Psalms 3:3-7*

**Passed by Your Peers** – *Psalms 49:17-19*

**Malicious People** – *Psalms 56:1-4*

**Dangerous Conditions** – *Psalms 91:3-7*

**Uncertain Futures** – *Psalms 112:6-8*

#### **An Admonition About the Importance of Fear**

*Luke 12:4-5*

#### **A Story About the Effects of Fear**

*John 12:37,42-43*

### **Notes:**