

DON'T WORRY BE HAPPY!

Learning to Celebrate the Circumstances of Life

How to Be Happy Though Hurting (12/16/04)

Pain Comes in Three Flavors

1. _____ pain
2. _____ pain
3. _____ pain

Pain Came in One Delivery

1. For _____
2. For _____

Pain Has One Ultimate Solution

Pain Drives People to Action

1. Actions that _____
2. Actions that _____
3. Actions that _____

The Proactive Response to Pain

1. What is the _____
2. What is the _____
3. What is the _____

Situation #1 – Pain From Consequences

Nature of the situation: _____

Response: _____

Situation #2 – Pain From Discipline

Nature of the situation: _____

Response: _____

Situation #3 – Pain From Combat

Nature of the situation: _____

Response: _____

1. Consider _____
2. Plead _____
3. Broaden _____
4. Celebrate _____
5. Amaze _____

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